

COLLEGE OF ARTS AND SCIENCES

# SYLLABUS: ANTHROPOL 3301

TITLE: MODERN HUMAN PHYSICAL VARIATION TERM: FALL 2021 3 CREDIT HOURS ONLINE (SYNCHRONOUS 1-HR WEEK)

# **Course overview**

### Instructor

Instructor: TBD Email address: TBD Phone number: TBD Office hours (via zoom at [include zoom address]): Wednesdays 1:00-3:00 or by appointment

### Prerequisites

Anthropology 2200

### **Course description**

We experience human cultural and biological diversity daily. The goal of this course is to provide you with an understanding of modern human *biological* diversity. As a course in social and natural science, you will apply the principles of evolutionary theory and the scientific method to understanding human biological variation. The course emphasizes genetic, anatomical, and physiological variation within and between human populations. We will spend considerable time looking at the role of the environmental (physical, biological, sociocultural) in explaining human variation.

### **Course learning outcomes**

- Students will become familiar with key aspects of modern human genetic, anatomical, and physiological variation.
- Students will apply knowledge of the forces of evolution to explain modern human variation within and between populations.
- Students will gain an appreciation for how aspects of the physical, biological, and sociocultural environment have shaped and continue to shape modern human biological variation.
- Students will understand the meaning of race in the biological and social sciences and the problem with of classifying humans into racial groups.
- Students will understand how humans continue to evolve.

### **HOW THIS ONLINE COURSE WORKS**

#### Mode of delivery: This course is 100% online.

Meeting time: This course will be held fully on-line. Please review the course schedule below for details on course topics, assignments, and live sessions. Weekly lectures are asynchronous and will be posted on-line (via Carmen). On most **Tuesdays** (see course schedule below) we will meet for a **live discussion session** held via zoom from 4:00-5:00 pm. During these sessions we will discuss in greater details the materials you covered in class assignments for that week. These sessions are mandatory, and attendance will be taken.

**Pace of online activities**: This course is divided into weekly modules. Students are expected to keep pace with weekly deadlines but may schedule their efforts freely within that time frame.

**Credit hours and work expectations**: This is a 3-credit-hour course. According to Ohio State policy (go.osu.edu/credithours), students should expect around 3 hours per week of time spent on direct instruction (instructor content and Carmen activities, for example) in addition to 6 hours of homework (reading and assignment preparation, for example) to receive a grade of (C) average.

**Attendance and participation requirements**: Because this is an online course, your attendance is based on your online activity and attendance/participation in the live Tuesday sessions. The following is a summary of students' expected participation:

- Participating in online activities for attendance: AT LEAST ONCE PER WEEK You are expected to log in to the course in Carmen every week. (During most weeks you will probably log in many times.) If you have a situation that might cause you to miss an entire week of class, discuss it with me as soon as possible.
- Office hours and live sessions: While participation in office hours is optional, attendance at the live (zoom) Tuesday sessions is mandatory.
- Weekly assignments: On almost all weeks you will turn in assignments based on the course material. Some of these you will complete individually, others will require group

work. On most weeks there is also a quiz. The course schedule below indicates the assignment type and due dates.

### **COURSE MATERIALS AND TECHNOLOGIES**

### Textbooks, articles, and films

Required

- <u>Textbook</u>: Brown D.E. 2019. Human Biological Diversity. 2nd Edition. New York: Taylor and Francis. 352 pp. [Referred to as Brown on course schedule]
- <u>Articles</u>: Articles are marked with an \* on the course schedule (See below) these pdfs can be found on our course Carmen site (see the "Files" and/or Modules tabs).
- <u>Films:</u> You will be required to watch several films outside of class that pertain to key topics covered in the class. [These are referred to by title on the course schedule]
- Ghost in your genes: <u>https://vimeo.com/248146854</u>
- Race: Power of an Illusion, episodes 1 & 2: <a href="https://library.ohiostate.edu/search~S7?/X{u2022}Race%3A+Power+of+an+Illusion&searchscope=7&SORT=D/X{u2022}Race%3A+Power+of+an+Illusion&searchscope=7&SORT=D&SUBKEY=%E2%80%A2%09Race%3A+Power+of+an+Illusion/1%2C34%2C34%2C34%2CB</a> <a href="https://frameset&FF=X{u2022}Race%3A+Power+of+an+Illusion&searchscope=7&SORT=D&10%2C10%2C">https://library.ohiostate.edu/search~S7?/X{u2022}Race%3A+Power+of+an+Illusion&searchscope=7&SORT=D&SORT=SORT
- In Defense of Food:
- <u>https://library.ohiostate.edu/search~S7?/Xin+defense+of+food&searchscope=7&SORT=D</u>/Xin+defense+of+food&searchscope=7&SORT=D&extended=0&SUBKEY=in+defense+of +food/1%2C492%2C492%2CB/frameset&FF=Xin+defense+of+food&searchscope=7&SO RT=D&2%2C2%2C
- Spillover: <u>https://library.ohiostate.edu/search~S3?/Xspillover&searchscope=3&SORT=DZ/Xspillover&searchscope=3&SORT=DZ&extended=0&SUBKEY=spillover/1%2C4%2C4%2CB/frameset&FF=Xspillover&searchscope=3&SORT=DZ&1%2C1%2C
  </u>
- Stress, Portrait of a Killer: <u>https://library.ohiostate.edu/search~S3?/XStress%2C+Portrait+of+a+Killer&searchscop</u> <u>e=3&SORT=DZ/XStress%2C+Portrait+of+a+Killer&searchscope=3&SORT=DZ&extend</u> <u>ed=0&SUBKEY=Stress%2C+Portrait+of+a+Killer/1%2C2%2C2%2CB/frameset&FF=XS</u> <u>tress%2C+Portrait+of+a+Killer&searchscope=3&SORT=DZ&1%2C1%2C</u>

### Other fees or requirements

• None

### **Course Technology**

#### **Technology support**

For help with your password, university email, Carmen, or any other technology issues, questions, or requests, contact the Ohio State IT Service Desk. Standard support hours are available at <u>ocio.osu.edu/help/hours</u>, and support for urgent issues is available 24/7.

- Self-Service and Chat support: <u>ocio.osu.edu/help</u>
- **Phone:** 614-688-4357(HELP)
- Email: <u>servicedesk@osu.edu</u>
- **TDD:** 614-688-8743

#### Technology skills needed for this course

- Basic computer and web-browsing skills
- Navigating Carmen (go.osu.edu/canvasstudent)
- CarmenZoom virtual meetings (go.osu.edu/zoom-meetings)
- Recording a slide presentation with audio narration (<u>go.osu.edu/video-assignment-guide</u>)
- Recording, editing, and uploading video (go.osu.edu/video-assignment-guide)

#### **Required equipment**

- Computer: current Mac (MacOs) or PC (Windows 10) with high-speed internet connection
- Webcam: built-in or external webcam, fully installed and tested
- Microphone: built-in laptop or tablet mic or external microphone
- Other: a mobile device (smartphone or tablet) to use for BuckeyePass authentication

#### **Required software**

 Microsoft Office 365: All Ohio State students are now eligible for free Microsoft Office 365. Full instructions for downloading and installation can be found <u>at</u> <u>go.osu.edu/office365help.</u>

#### Carmen access

You will need to use BuckeyePass <u>(buckeyepass.osu.edu)</u> multi-factor authentication to access your courses in Carmen. To ensure that you are able to connect to Carmen at all times, it is recommended that you take the following steps:

• Register multiple devices in case something happens to your primary device. Visit the BuckeyePass - Adding a Device help article for step-by-step instructions (<u>go.osu.edu/add-device</u>).

- Request passcodes to keep as a backup authentication option. When you see the Duo login screen on your computer, click Enter a Passcode and then click the Text me new codes button that appears. This will text you ten passcodes good for 365 days that can each be used once.
- Download the Duo Mobile application (<u>go.osu.edu/install-duo</u>) to all of your registered devices for the ability to generate one-time codes in the event that you lose cell, data, or Wi-Fi service

If none of these options will meet the needs of your situation, you can contact the IT Service Desk at 614-688-4357(HELP) and IT support staff will work out a solution with you.

# **GRADING AND FACULTY RESPONSE**

### How your grade is calculated

| Assignment or category  | % of Grade |
|---|------------|
| Midterm Exam (Oct 7)  | 25%        |
| Final Exam (Dec 15)   | 30%        |
| Quizzes (n=8)   | 15%        |
| Question Sets (Individual + Group) (n=9)  | 20%        |
| Weekly ( <i>Tuesdays</i> ) synchronous discussions (Participation / Attendance)<br>*Note: there are a few weeks when we will <u>NOT</u> meet, see course schedule below | 10%        |
| Total   | 100%       |

See course schedule, below, for details and due dates for all the above

### **Descriptions of major course assignments**

#### Midterm Exam (Oct 7):

- **Description**: This is a mixed format exam and will include multiple choice, true/false, and matching. The exam will be taken on-line via Carmen. The exam is <u>posted for a 24-hr period</u> but is timed, meaning once you initiate the exam, you will have <u>80 min</u> to complete it. In addition, once you answer a question, you will not have the ability to go back and change your response.
- Academic integrity: The exam will be available on Carmen and will be open-book and open-note, but no collaboration with other students is allowed.

#### Final Exam (Dec 15):

• **Description**: This is a mixed format exam and will include multiple choice, true/false, and matching. The exam will be taken on-line via Carmen. The exam is <u>posted for a 24-hr period</u> but is timed, meaning once you initiate the exam, you will have <u>80 min</u> to

complete it. In addition, once you answer a question, you will not have the ability to go back and change your response.

• Academic integrity: The exam will be available on Carmen and will be open-book and open-note, but no collaboration with other students is allowed.

#### Quizzes:

- Description: These will be short and will include multiple choice and true/false questions (5-10 questions per quiz) that cover important concepts from the week's lecture/readings/films. <u>Quizzes are posted on Fridays and close at 11:59pm the following Monday</u>. They are timed meaning once you initiate the quiz, you will have <u>20 min</u> to complete it. In addition, once you answer a question, you will not have the ability to go back and change your response. Dates of all quizzes are marked on the course schedule below.
- Academic integrity: The quizzes will be available on Carmen and will be open-book and open-note, but no collaboration with other students is allowed.

#### Question sets:

- **Description**: On some weeks you will be required to complete a question set based on • the assigned lectures/readings/films and upload your responses to Carmen. These question sets will be completed either individually or as a group. Individual: a set of questions that you will respond to as an individual. You will upload your own responses to these questions to Carmen by the assigned date/time. Group: a set of questions that you will complete with your pre-assigned group (outside of class time). A member of your group will be assigned as the leader and will be responsible for uploading your group's responses to these questions on Tuesdays by 3:45 pm (i.e., just before we meet for the synchronous session). I expect that for all group question sets, you work as a team and that the submitted material was generated by all group members. Failure to contribute to group question sets will result in a grade of "0" for that assignment. Further details on each question set (individual/group) will be provided in Carmen. Dates are marked on the course schedule below. Be sure to prepare in advance – waiting until the last minute to conduct group work will lead to scheduling conflicts and/or low-guality work.
- Academic Integrity: All question sets will be available on Carmen and will be openbook and open-note, I encourage collaboration with peers on the individual assignments and expect it on the group assignments.

#### Synchronous discussions on-line (attendance and participation):

- **Description:** Most weeks we will meet on <u>Tuesdays (4-5pm)</u> for an on-line synchronous session (via zoom) to discuss the assigned material/question sets. I will take attendance on all occasions and will keep track of participation in the discussion. Together, these will be used to calculate your attendance/participation grade. These dates are marked on the course schedule (see below).
- Academic integrity: I expect all students to come prepared and to use their notes/responses to question sets to participate in these discussions.

### Late assignments

I will <u>NOT</u> accept late question sets as these are meant to prepare you for the synchronous group discussions. Lack of preparedness affects the entire class. Exceptions to this general rule will be made for those with a formal excuse (i.e., illness with a doctor's note). The same policy applies to Quizzes and Exams. Please refer to the course schedule below for due dates and plan ahead.

### **Grading scale**

93–100: A 90–92.9: A-87–89.9: B+ 83–86.9: B 80–82.9: B-77–79.9: C+ 73–76.9: C 70–72.9: C-67–69.9: D+ 60–66.9: D Below 60: E

### Instructor feedback and response time

I am providing the following list to give you an idea of my intended availability throughout the course. (Remember that you can call **614-688-HELP** at any time if you have a technical problem.)

- **Grading and feedback:** For the midterm and final, as well as the question sets, you can generally expect feedback within **7 days**.
- E-mail: I will reply to e-mails within 24 hours on weekdays.
- **Carmen Announcements**: I will use Carmen Announcements to communicate as schedule changes, alert you to on-campus activities and opportunities related to this course and the anthropology department. It is critical that you check the Carmen page regularly and read all announcements.

# **COURSE POLICIES**

### **Discussion and communication guidelines**

The following are my expectations for how we should communicate as a class. Above all, please remember to be respectful and thoughtful.

- Writing style for question sets: While there is no need to prepare your answer as if you were writing a research paper, you should remember to write using good grammar, spelling, and punctuation.
- **Tone and civility**: Let's maintain a supportive learning community where everyone feels safe and where people can disagree amicably. Remember that sarcasm doesn't always come across online (i.e., zoom sessions).
- **Citing your sources**: When we have academic discussions (question sets), please cite your sources to back up what you say. For the textbook or other course materials, list at least the title and page numbers. For films, simply refer to the film.
- **Backing up your work**: Consider composing your question sets in a word processor, where you can save your work, and then uploading into the Carmen.

### Academic integrity policy

See **Descriptions of major course assignments**, above, for my specific guidelines about collaboration and academic integrity in the context of this online class.

It is the responsibility of the Committee on Academic Misconduct to investigate or establish procedures for the investigation of all reported cases of student academic misconduct. The term "academic misconduct" includes all forms of student academic misconduct wherever committed; illustrated by, but not limited to, cases of plagiarism and dishonest practices in connection with examinations. Instructors shall report all instances of alleged academic misconduct to the committee (Faculty Rule 3335-5-487). For additional information, see the Code of Student Conduct http://studentlife.osu.edu/csc/.

If I suspect that a student has committed academic misconduct in this course, I am obligated by university rules to report my suspicions to the Committee on Academic Misconduct. If COAM determines that you have violated the

university's *Code of Student Conduct* (i.e., committed academic misconduct), the sanctions for the misconduct could include a failing grade in this course and suspension or dismissal from the university.

If you have any questions about the above policy or what constitutes academic misconduct in this course, please contact me.

Other sources of information on academic misconduct (integrity) to which you can refer include:

- Committee on Academic Misconduct web page (go.osu.edu/coam)
- Ten Suggestions for Preserving Academic Integrity (go.osu.edu/ten-suggestions)

### **Student Services and Advising**

University Student Services can be accessed through BuckeyeLink. More information is available here: https://contactbuckeyelink.osu.edu/

Advising resources for students are available here: http://advising.osu.edu

### **Copyright for instructional materials**

The materials used in connection with this course may be subject to copyright protection and are only for the use of students officially enrolled in the course for the educational purposes associated with the course. Copyright law must be considered before copying, retaining, or disseminating materials outside of the course.

### **Statement on Title IX**

Title IX makes it clear that violence and harassment based on sex and gender are Civil Rights offenses subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories (e.g., race). If you or someone you know has been sexually harassed or assaulted, you may find the appropriate resources at <a href="http://titleix.osu.edu">http://titleix.osu.edu</a> or by contacting the Ohio State Title IX Coordinator at <a href="http://titleix@osu.edu">titleix@osu.edu</a>

# Commitment to a diverse and inclusive learning environment

The Ohio State University affirms the importance and value of diversity in the student body. Our programs and curricula reflect our multicultural society and global economy and seek to provide opportunities for students to learn more about persons who are different from them. We are committed to maintaining a community that recognizes and values the inherent worth and dignity of every person; fosters sensitivity, understanding, and mutual respect among each member of our community; and encourages each individual to strive to reach his or her own potential. Discrimination against any individual based upon protected status, which is defined as age, color, disability, gender identity or expression, national origin, race, religion, sex, sexual orientation, or veteran status, is prohibited.

### Land Acknowledgement

We would like to acknowledge the land that The Ohio State University occupies is the ancestral and contemporary territory of the Shawnee, Potawatomi, Delaware, Miami, Peoria, Seneca, Wyandotte, Ojibwe and Cherokee peoples. Specifically, the university resides on land ceded in the 1795 Treaty of Greeneville and the forced removal of tribes

through the Indian Removal Act of 1830. I/We want to honor the resiliency of these tribal nations and recognize the historical contexts that has and continues to affect the Indigenous peoples of this land.

More information on OSU's land acknowledgement can be found here: <u>https://mcc.osu.edu/about-us/land-acknowledgement</u>

### Your mental health

As a student you may experience a range of issues that can cause barriers to learn, such as strained relationships, increased anxiety, alcohol/drug problems, feeling down, difficulty concentrating and/or lack of motivation. These mental health concerns or stressful events may lead to diminished academic performance or reduce a student's ability to participate in daily activities. No matter where you are engaged in distance learning, The Ohio State University's Student Life Counseling and Consultation Service (CCS) is here to support you. If you find yourself feeling isolated, anxious or overwhelmed, on-demand resources are available at <u>go.osu.edu/ccsondemand</u>. You can reach an on-call counselor when CCS is closed at 614- 292-5766, and 24-hour emergency help is also available through the 24/7 National Prevention Hotline at 1-800-273-TALK or at <u>suicidepreventionlifeline.org</u>. The Ohio State Wellness app is also a great resource available at <u>go.osu.edu/wellnessapp</u>.

## ACCESSIBILITY ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES

### **Requesting accommodations**

The University strives to make all learning experiences as accessible as possible. If you anticipate or experience academic barriers based on your disability (including mental health, chronic or temporary medical conditions), please let me know immediately so that we can privately discuss options. To establish reasonable accommodations, I may request that you register with Student Life Disability Services. After registration, make arrangements with me as soon as possible to discuss your accommodations so that they may be implemented in a timely fashion. **SLDS contact information:** <u>slds@osu.edu</u>; 614-292-3307; <u>slds.osu.edu</u>; 098 Baker Hall, 113 W. 12<sup>th</sup> Avenue.

### Accessibility of course technology

This online course requires use of CarmenCanvas (Ohio State's learning management system) and other online communication and multimedia tools. If you need additional services to use these technologies, please request accommodations with your instructor.

- Canvas accessibility (go.osu.edu/canvas-accessibility)
- Streaming audio and video
- CarmenZoom accessibility (go.osu.edu/zoom-accessibility)
- Collaborative course tools

# **COURSE SCHEDULE**

Key:

AL: Asynchronous lecture

Quiz: Short quiz over week's material (n = 8)

QS: Question set (individual or group) (n=9)

SDOL: Synchronous discussion on-line -- via zoom (weekly, with a few exceptions)

| WEEK 1                 | Торіс  | Readings / videos  |
|------------------------|--|--|
| Aug 24: SDOL           | We will meet via zoom. I will  | Syllabus (carefully review, come   |
| meet and greet!        | review the syllabus, answer your<br>course-related questions, share<br>my background and research  | with questions)  |
| Aug 26: AL             | Human variation: an introduction<br>The evolution of evolutionary<br>thinking  | Brown: Chapter 1 (pp. 1-15)  |
| WEEK 2                 | Торіс  | Readings / videos  |
| Aug 31: AL             | Biological Basis of Human<br>Diversity I:<br>DNA structure and function –<br>Replication & Protein Synthesis   | Brown: Chapter 2 (pp. 16-56)<br><u>https://www.youtube.com/watch?v</u><br><u>=Qqe4thU-os8</u><br><u>https://www.youtube.com/watch?v</u><br><u>=oefAI2x2CQM</u> |
| Sept 2: AL +           | Biological Basis of Human  | Brown: Chapter 2 (pp. 16-56)   |
| Quiz 1                 | Diversity II:  | https://www.youtube.com/watch?v  |
|                        | Traits and their transmission –  | <u>=bRcjB11hDCU</u>  |
|                        | Mitosis and Meiosis  |  |
|                        | Complete Quiz by 11:59 pm on<br>9/6  |  |
| WEEK 3                 | Торіс  | Readings / videos  |
| Sept 7: AL, QS         | Biological Basis of Human  | Brown: Chapter 2 (pp. 16-56)   |
| + SDOL                 | diversity III:   | https://www.youtube.com/watch?v  |
|                        | Traits and their transmission –<br>Inheritance: Mendelian Genetics<br>Part 1<br>Upload answers to Carmen<br>(group work) by 3:45 pm  | <u>=pv3Kj0UjiLE</u>  |
| Sept 9: AL +<br>Quiz 2 | Biological Basis of Human<br>diversity III (cont'd):<br>Traits and their transmission –<br>Inheritance: Mendelian Genetics<br>Part 2<br>Complete Quiz by 11:59 pm on<br>9/13 | Brown: Chapter 2 (pp. 16-56)   |

| WEEK 4                            | Торіс  | Readings / videos   |
|-----------------------------------|--|---|
| Sept 14: AL, QS<br>+ SDOL         | Biological Basis of Human<br>diversity IV: Population Genetics<br>Upload answers to Carmen<br>(individual work) by 3:45 pm                                   | Brown: Chapter 2 (pp. 16-56)  |
| Sept 16: AL+<br>Quiz 3            | Biological Basis of Human<br>diversity V:<br>Gene Regulation & Epigenetics<br>Complete Quiz by 11:59 pm on<br>9/20   | Brown: Chapter 3 (pp. 57-81)<br><u>https://www.youtube.com/watch?v</u><br><u>=h_1QLdtF8d0</u>   |
| WEEK 5                            | Торіс  | Readings / videos   |
| Sept 21: QS +<br>SDOL             | Biological Basis of Human<br>diversity V (cont'd): Gene<br>Regulation & Epigenetics<br>Upload answers to Carmen<br>(individual and group work) by<br>3:45 pm | *Skinner Article<br>*Fagin Article<br><u>FILM</u> : Ghost in your genes   |
| Sept 23: AL                       | Human Biological Diversity vs.<br>Racial Categorization - History  | *Anemone (Chapter 1 & 4)<br>Brown: Chap 5 (pp. 114-151)   |
| WEEK 6                            | Торіс  | Readings / videos   |
| Sept 28: QS +<br>SDOL             | <u>Discussion</u> : Human Biological<br>Diversity vs. Racial<br>Categorization<br>Upload answers to Carmen<br>(group work) by 3:45 pm                        | *Goodman article<br><u>FILM:</u> Race - Power of an Illusion,<br>Episodes 1 & 2<br>(The Difference Between Us &<br>The Story we Tell) |
| Sept 30: AL +<br>Quiz 4           | Problems with human racial<br>classification<br>Complete Quiz by 11:59 pm on<br>10/4   | *Fuentes article<br>*Anemone (Chapter 1 & 4)<br>Brown: Chap 5 (pp. 114-151)   |
| WEEK 7                            | Торіс  | Readings / videos   |
| Oct 5: AL +<br>SDOLExam<br>Review | Genotypic Traits - I   | Brown: Chapter 7 (pp. 181-206)  |
| Oct 7:                            | MID-TERM EXAM  | Covers Material == Aug 24 –<br>Oct 5  |
| WEEK 8                            | Торіс  | Readings / videos   |
| Oct 12: AL                        | Genotypic Traits – II  | Brown: Chapter 7 (pp. 181-206)  |
| Oct 14: NO<br>CLASS               | ooo fall break ooo   |   |
| WEEK 9                            | Торіс  | Readings / videos   |
| Oct 19: AL                        | Human adaptability to physical stressors: Cold & Heat  | Brown: Chapter 12 (pp. 322-353)   |
| Oct 21: AL +<br>Quiz 5            | Human adaptability to physical<br>stressors: Hypoxia<br>Complete Quiz by 11:59 pm on<br>10/25  | Brown: Chapter 12 (pp. 322-353)   |

| WEEK 10                  | Торіс  | Readings / videos   |
|--------------------------|--|---|
| Oct 26: AL, QS<br>+ SDOL | Human adaptability to physical<br>stressors: UV radiation<br>Upload answers to Carmen<br>(group work) by 3:45 pm     | Brown: Chapter 12 (pp. 322-353)<br>*Jablonski & Chaplin article       |
| Oct 28: AL +<br>Quiz 6   | Human Life Span: Growth and<br>development I<br>Complete Quiz by 11:59 pm on<br>11/1                                 | Brown: Chapters 9 & 10 (pp.235-<br>261)<br>*Fagin article (re-read)   |
| WEEK 11                  | Торіс  | Readings / videos   |
| Nov 2: AL                | Human Life Span: Growth and development II   | Brown: Chapters 9 & 10 (pp. 235-<br>261)                              |
| Nov 4: AL +<br>Quiz 7    | Human adaptability to biological<br>stressors: nutrition I<br>Complete Quiz by 11:59 pm on<br>11/8                   | Brown: Chapter 13 (pp. 354-386)<br>*Leonard article                   |
| WEEK 12                  | Торіс  | Readings / videos   |
| Nov 9: AL, QS +<br>SDOL  | Human adaptability to biological<br>stressors: nutrition II<br>Upload answers to Carmen<br>(group work) by 3:45 pm   | FILM: In Defense of food  |
| Nov 11: NO<br>CLASS      | Veteran's Day – NO CLASS   |   |
| WEEK 13                  | Торіс  | Readings / videos   |
| Nov 16: AL, QS<br>+ SDOL | Human adaptability to biological<br>stressors: Disease I<br>Upload answers to Carmen<br>(individual work) by 3:45 pm | Brown: Chapter 13 (pp. 354-386)<br>*Wolfe Article<br>*Epstein Article |
| Nov 18: AL +<br>Quiz 8   | Human adaptability to biological<br>stressors: Disease II<br>Complete Quiz by 11:59 pm on<br>11/22                   | Brown: Chapter 13 (pp. 354-386)<br>*Wolfe Article<br>*Epstein Article |
| WEEK 14                  | Торіс  | Readings / videos   |
| Nov 23: NO<br>CLASS      | Thanksgiving/Indigenous<br>People's Day<br>NO CLASS  |   |
| Nov 25: NO<br>CLASS      | Thanksgiving/Indigenous<br>People's Day<br>NO CLASS  |   |

| WEEK 15         | Торіс                            | Readings / videos                  |
|-----------------|----------------------------------|------------------------------------|
| Nov 30: QS +    | Human adaptability to biological | Discuss COVID-19 + Spillover film  |
| SDOL            | stressors: Disease III           | <u>Film</u> : Spillover            |
|                 | Upload answers to Carmen         |                                    |
|                 | (group work) by 3:45 pm          |                                    |
| Dec 2: AL       | Modern life and human biology:   | Brown: Chap 14 (pp. 387-419)       |
|                 | Stress I                         | *Sapolsky Article                  |
| WEEK 16         | Торіс                            | Readings / videos                  |
| Dec 7: AL, QS + | Modern life and human biology:   | FILM: Stress, Portrait of a killer |
| SDOL            | Stress II                        |                                    |
|                 | Upload answers to Carmen         |                                    |
|                 | (group work) by 3:45 pm          |                                    |
| Dec 15:         | FINAL EXAM: ON-LINE              | Cumulative but emphasis is on      |
|                 | Available for 24 hours           | material from Oct 12-Dec 7         |

Bibliography (assigned articles) – all can be found on Carmen:

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